

TBM PRACTITIONER CERTIFICATION PROGRAM

Total Body Modification (TBM) is a complete system of healing. While formally founded in 1978, TBM is a conglomeration of the western subtle-influence medical advancements which began with Franz Anton Mesmer in the late 18th century and have continued through today.

TBM contains effective responses to a broad range of health challenges ranging from diabetes and depression to dengue fever and dementia. It contains thousands of efficient and safe techniques and protocols resulting in a level of comprehensiveness which is unrivalled by anything outside of biomedicine (“western medicine”) or Chinese medicine. TBM neither utilizes the pharmaceuticals, surgery, and thermal ablation methods of the former and, unlike the latter, it capitalizes on the latest technological and scientific advancements.

TBM provides a non-toxic and non-traumatic approach to healing which is not only economical and effective but quickly provides lasting results. Most of its services may be provided remotely utilizing only a video or voice connection, allowing practitioners and clients to connect with ease.

TBM’s primary methods are lifestyle modification and nutritional, manual, and biocomputer interventions. As defined by TBM’s co-founder, Dr. Victor L. Frank, "Total Body Modification, the old tricks of the Masters, dressed up in new computer language. We can now do by intent what they always did by accident."

We invite you to both learn TBM’s comprehensive and efficient system and become a certified practitioner. The certification provides both a structured approach to learning and becoming proficient and demonstrates to the public, and your colleagues, of your dedication and professional competency.

This document introduces you to the individual components of TBM’s certification program as well as the requirements for obtaining them. As an overview, there are seven (7) individual certifications which may be combined to achieve five (5) additional ones. The seven (7) certifications are:

- [BA](#) - Basic Physiological Exam & Autonomic Recovery Program (PA1 & 2/Module 1)
- [BE](#) - Additional Basic Exams (SE1 & 2/Module 2)
- [PC](#) - Pathologies (PC1 & 2/Module 3)
- [BP](#) - Backward Thinking and Protection (PB1 & 2/Module 4)
- [CA](#) - Core Antidote (CE1 & 2/Module 5)
- [AA](#) - Art of Adjusting (AA/Module A)
- [AS](#) - Artificial Somnambulism (SI/Module M)

The five (5) combination certifications are:

- Wellness Coach – [Foundations of Healing](#) (BA, BE, AA)
- Life Coach – [Energy & Emotion](#) (BA, BE, BP, CA)
- Pathophysiology – [Pathophysiology](#) (PC, BP)
- Researcher – [Profound Origins of TBM](#) (AS, BP)
- Master Healer – [Master the Art of Healing](#) (BA, BE, PC, BP, CA, AA, AS)

Certification can be achieved through online training or in-person training, where available, or a mix of the two.

COMBINATION AND INDIVIDUAL CERTIFICATION PROCEDURES

MASTER HEALER



MASTER HEALER CERTIFICATION PROCEDURE

Part 1 – Complete individual certifications

Complete each of the individual Practitioner Certifications.

- [BA](#) - Basic Physiological Exam & Autonomic Recovery Program (PA1 & 2/Module 1)
- [BE](#) - Additional Basic Exams (SE1 & 2/Module 2)
- [PC](#) - Pathologies (PC1 & 2/Module 3)
- [BP](#) - Backward Thinking and Protection (PB1 & 2/Module 4)
- [CA](#) - Core Antidote (CE1 & 2/Module 5)
- [AA](#) - Art of Adjusting (AA/Module A)
- [AS](#) - Artificial Somnambulism (SI/Module M)

Part 2 – Present at *Alive!* conferences

- Attend two TBM *Alive!* Conferences
- Give two (2) presentations at *Alive!* conferences.

Part 3 – Submit your documentation

Complete checkout with the free product [Master the Art of Healing Certification](#). Then email copies of your *Alive!* presentations and the dates you completed the individual certifications and attended *Alive!* conferences to principal@tbmseminars.com.

Upon successful completion of these requirements you will be emailed a printable certificate for you to display. You will also be listed as a certified practitioner on TBM's practitioner directory, and you will be eligible for participation in "certified-practitioner only" features on our website.

WELLNESS COACH

FOUNDATIONS OF HEALING CERTIFICATION PROCEDURE

Part 1 – Complete individual certifications

Complete each of the individual Practitioner Certifications.

- [BA](#) - Basic Physiological Exam & Autonomic Recovery Program (PA1 & 2/Module 1)
- [BE](#) - Additional Basic Exams (SE1 & 2/Module 2)
- [AA](#) - Art of Adjusting (AA/Module A)

Part 2 – Submit your documentation

Complete checkout with the free product Wellness Coach Certification. Then email principal@tbmseminars.com to initiate communication to confirm and finalize completion of requirements.

Upon successful completion of these requirements, you will be emailed a printable certificate for you to display. You will also be listed as a certified practitioner on TBM's practitioner directory, and you will be eligible for participation in "certified-practitioner only" features on our website.

LIFE COACH

ENERGY & EMOTION CERTIFICATION PROCEDURE

Part 1 – Complete individual certifications

Complete each of the individual Practitioner Certifications.

- [BA](#) - Basic Physiological Exam & Autonomic Recovery Program (PA1 & 2/Module 1)
- [BE](#) - Additional Basic Exams (SE1 & 2/Module 2)
- [BP](#) - Backward Thinking and Protection (PB1 & 2/Module 4)
- [CA](#) - Core Antidote (CE1 & 2/Module 5)

Part 2 – Submit your documentation

Complete checkout with the free product Life Coach Certification. Then email principal@tbmseminars.com to initiate communication to confirm and finalize completion of requirements.

Upon successful completion of these requirements, you will be emailed a printable certificate for you to display. You will also be listed as a certified practitioner on TBM's practitioner directory, and you will be eligible for participation in "certified-practitioner only" features on our website.

PATHOPHYSIOLOGIST

PATHOPHYSIOLOGY CERTIFICATION PROCEDURE

Part 1 – Complete individual certifications

Complete each of the individual Practitioner Certifications.

- [PC](#) - Pathologies (PC1 & 2/Module 3)
- [BP](#) - Backward Thinking and Protection (PB1 & 2/Module 4)

Part 2 – Submit your documentation

Complete checkout with the free product [Pathophysiologist Certification](#). Then email principal@tbmseminars.com to initiate communication to confirm and finalize completion of requirements.

Upon successful completion of these requirements, you will be emailed a printable certificate for you to display. You will also be listed as a certified practitioner on TBM's practitioner directory, and you will be eligible for participation in "certified-practitioner only" features on our website.

RESEARCHER

PROFOUND ORIGINS OF TBM CERTIFICATION PROCEDURE

Part 1 – Complete individual certifications

Complete each of the individual Practitioner Certifications.

- [BP](#) - Backward Thinking and Protection (PB1 & 2/Module 4)
- [AS](#) - Artificial Somnambulism (SI/Module M)

Part 2 – Submit your documentation

Complete checkout with the free product [Researcher Certification](#). Then email principal@tbmseminars.com to initiate communication to confirm and finalize completion of requirements.

Upon successful completion of these requirements, you will be emailed a printable certificate for you to display. You will also be listed as a certified practitioner on TBM's practitioner directory, and you will be eligible for participation in "certified-practitioner only" features on our website.



BASIC PHYSIOLOGICAL EXAM AND AUTONOMIC RECOVERY PROGRAM (BA)



PRACTITIONER CERTIFICATION FOR BASIC PHYSIOLOGICAL EXAM AND AUTONOMIC RECOVERY PROGRAM CERTIFICATION REQUIREMENTS

To qualify for "BA" certification complete the following five (5) steps:

Part 1 - Learn the material

Attend two (2) live PA1 and PA2 (Module 1 part A & B) seminars. Online equivalents may be substituted ([PA1](#), [PA2](#), & [Foundations - Intensive](#) - OR - [the complete Foundations certification bundle](#)).

Part 2 - Receive TBM care

Achieve "double-negative" status for the [Basic Physiological Exam \(BPE\)](#) and pass the "Challenge Meal" with the assistance of a certified TBM practitioner. This may be conducted remotely. Contact us for a referral if needed.

Part 3 - Deliver TBM care

Achieve "double-negative" status of the [Basic Physiologic Exam \(BPE\)](#) and a passing of the "Challenge Meal" on 10 clients.

Part 4 - Demonstrate proficiency

Make a video of yourself performing the Basic Physiological Exam on a client.

- Perform EVERY test and the relevant corrections by memory
- Only do the corrections that the client requires
- The patient may be a return client, it does not need to be a first time client
- Must be completed in 30 minutes or less
- A cell phone video is sufficient, and it may be taken from a tripod as long as the setup is such that both tests and corrections are reasonably visible to the camera.
- OPTIONAL: state aloud while being recorded what you are doing while you are doing it (i.e. "The next point is the Gall Bladder which is on the right side in the 6th rib interspace along the mid-clavicular line"). This will increase the likelihood that certification will be awarded as there is both the visual and audio that may be evaluated. Do not let this create an undue burden or cause an excessive lengthening of the time it takes to complete the BPE.

Part 5 - Submit your documentation

Purchase [Practitioner Certification for Basic Physiological Exam and Autonomic Recovery \(Module 1\)](#), this is included in [the complete Foundations certification bundle](#), on [livetbm.com](#). Then email a copy of the records demonstrating completion of requirements and a link to your video to principal@tbmseminars.com.

Upon successful completion of these requirements you will be emailed a printable certificate for you to display. You will also be listed as a certified practitioner on TBM's practitioner directory, and you will be eligible for participation in "certified-practitioner only" features on our website.



ADDITIONAL BASIC EXAMS (BE)



PRACTITIONER CERTIFICATION FOR SOFT TISSUE, ENERGY, EMOTION, IMMUNE, & MIND CERTIFICATION REQUIREMENTS

To qualify for "BE" certification complete the following five (5) steps:

Part 1 - Learn the material

Attend two (2) live SE1 and SE2 (Module 2 parts A & B) seminars. Online equivalents may be substituted ([SE1](#), [SE2](#), & [Foundations - Intensive](#) - OR - [the complete Foundations \(Wellness Coach\) certification bundle](#)).

Part 2 - Receive TBM care

Achieve "double-negative" status for the [Basic Structural, Allergy, Emotion, Energy, Learning, & Immunological Exams](#) and pass the "Challenge Meal" with the assistance of a certified TBM practitioner. This may be conducted remotely. Contact us for a referral if needed.

Part 3 - Deliver TBM care

Achieve "double-negative" status of the [Basic Structural, Allergy, Emotion, Energy, Learning, & Immunological Exams](#) on 10 clients.

Part 4 - Demonstrate proficiency

Make a video of yourself performing the Basic Structural, Allergy, Emotion, Energy, Learning, & Immunological Exams on a client.

- Perform EVERY test and the relevant corrections by memory
- Only do the corrections that the client requires
- The patient may be a return client, it does not need to be a first time client
- Must be completed in 30 minutes or less
- A cell phone video is sufficient, and it may be taken from a tripod as long as the setup is such that both tests and corrections are reasonably visible to the camera.
- OPTIONAL: state aloud while being recorded what you are doing while you are doing it (i.e. "The next point is the Gall Bladder which is on the right side in the 6th rib interspace along the mid-clavicular line"). This will increase the likelihood that certification will be awarded as there is both the visual and audio that may be evaluated. Do not let this create an undue burden or cause an excessive lengthening of the time it takes to complete the BPE.

Part 5 - Submit your documentation

Purchase [Soft Tissue, Energy, Emotion, Immune, & Mind Practitioner Certification \(Module 2\)](#), this is included in [the](#)

[complete Foundations \(Wellness Coach\) certification bundle](#), on [livetbm.com](#). Then email a copy of the records demonstrating completion of requirements and a link to your video to principal@tbmseminars.com.

Upon successful completion of these requirements you will be emailed a printable certificate for you to display. You will also be listed as a certified practitioner on TBM's practitioner directory, and you will be eligible for participation in "certified-practitioner only" features on our website.



PATHOLOGIES (PC)



PRACTITIONER CORE PHYSIOLOGY & PATHOPHYSIOLOGICAL HEALING CERTIFICATION REQUIREMENTS

To qualify for "PC" certification complete the following five (5) steps:

Part 1 - Learn the material

Attend two (2) live PC1 and PC2 (Module 3 parts A & B) seminars. Online equivalents may be substituted ([PC1](#), [PC2](#), & [Pathophysiological - Intensive](#) - OR - [the complete Pathophysiological \(Pathophysiologicalist\) certification bundle](#)).

Part 2 - Deliver TBM care

Complete the following techniques/protocols on at least one client:

- Metal Homeostasis Session
- Body Composition Optimization
- Gall Bladder – Biliary Stones
- DOID/DDS with 90-day supplementation
- 16.6 Sugar Control Technique
- Chronic Infection (Body Points, vials, nutritionals)
- Medications Session
- Neurological Repair I (Brain XYZ)
- Flu Technique
- Assess and correction positive findings on [Vital Scan](#) at least five (5) times with clients.

Part 3 - Receive the Vital Scan

Have the [Vital Scan](#) checked on you over at least five (5) attunement sessions.

Part 4 - Write Case Reviews

Write 5 case reviews on patients you have treated utilizing the knowledge from Module 3. Each case study must include the following information. NOTE: Examples of case studies are in the Appendix of this document.

1. Presenting symptomatology.
2. The significant diagnostic findings – physical exams, laboratory tests, imaging studies. These findings may be conducted by the provider themselves, or from the patient's previous history.
3. Three (3) clinically significant contributions that came out of the basics (e.g. patient was hypo-hydrated, there was a significant emotional component, patient had dental amalgams that were neutralized, etc.).
4. Three (3) significant contributions from the Module 3 material.
5. Use of supporting nutritionals.

6. The symptomatological and diagnostic outcome.

Part 5 - Submit your documentation

Purchase [Core Physiology & Pathophysiological Healing Practitioner Certification \(Module 3\)](#), this is included in [the complete Pathophysiological \(Pathophysiological\) certification bundle](#), on [livetbm.com](#). Then email a copy of the records demonstrating completion of requirements to principal@tbmseminars.com.

Upon successful completion of these requirements you will be emailed a printable certificate for you to display. You will also be listed as a certified practitioner on TBM's practitioner directory, and you will be eligible for participation in "certified-practitioner only" features on our website.



BACKWARD THINKING AND PROTECTION (BP)



MEDITATION, PROTECTION, & RAPID CASE RESOLUTIONS CERTIFICATION REQUIREMENTS

To qualify for "BP" certification complete the following six (6) steps:

Part 1 - Learn the material

Attend two (2) live PB1 and PB2 (Module 4 parts A & B) seminars. Online equivalents may be substituted ([PB1](#), [PB2](#), [Energy & Energy - Intensive](#), and [Pathophysiology - Intensive](#) - OR - the [Energy & Emotion \(Life Coach\) certification bundle](#) and the [Pathophysiology \(Pathophysiologist\) certification bundle](#)).

Part 2 - Receive TBM Care

Practice running Core Essence Protection every morning and evening, AND Stoke the Fire at midday, every day for 2 weeks consecutively.

Part 3 – Deliver TBM Care

Have 10 clients complete 2 consecutive weeks of Core Essence Protection, every morning and evening, and Stoke the Fire at midday.

Part 4 - Utilization of Techniques

Use five (5) other techniques from PB/Module 4, either yourself or with a client. Examples include Biocomputer, Sacred Garden, salting the perimeter of a house, salt water in rooms, etc. Please see [The Big Book, Module 4 section](#) for additional methods.

Part 5 - Write Case Reviews

Write 5 case reviews on patients you have treated utilizing the knowledge from PB/Module 4. Each case study must include the following information.

1. Presenting symptomatology.
2. The significant diagnostic findings – physical exams, laboratory tests, imaging studies. These findings may be conducted by the provider themselves, or from the patient's previous history.
3. Three (3) clinically significant contributions that came out of the basics (e.g. patient was hypo-hydrated, there was a significant emotional component, patient had dental amalgams that were neutralized, etc.).
4. Detail the backward thinking process you used in this case. Your research citations are recommended but not required.
5. The methods performed on the patient out of the backward thinking process.
6. Use of supporting nutritional.

7. The symptomatological and diagnostic outcome.

Part 6 - Submit your documentation

Purchase [Meditation, Protection, & Rapid Case Resolutions Practitioner Certification \(Module 4\)](#) on [livetbm.com](#). Then email a copy of the records demonstrating completion of requirements to principal@tbmseminars.com.

Upon successful completion of these requirements, you will receive the certification below as an emailed document which you may print and display. You will also be listed as a certified practitioner on TBM's practitioner directory, and you will be eligible for participation in "certified-practitioner only" features on our website.



CORE ANTIDOTE (CA)



CORE ANTIDOTE (CORE EMOTION & LIFE COACHING) CERTIFICATION REQUIREMENTS

To qualify for "CA" certification complete the following six (6) steps:

Part 1 - Learn the material

Attend two (2) live CE1 and CE2 (Module 5 parts A & B) seminars. Online equivalents may be substituted ([CE1](#), [CE2](#), [Energy & Energy - Intensive](#). OR - [Energy & Emotion \(Life Coach\) certification bundle](#)).

Part 2 - Receive TBM care

Have the following completed with you:

1. Core Inquiry and Core Belief
2. Comprehensive Emotional Exam
3. TBM Benchmarks assessed

Part 3 - Deliver TBM care

1. Complete Core Antidote (Core Inquiry, Core Belief, and Core Truth Anchoring) with at least 10 clients. Be sure to video record at least one of them (see details below).
2. On at least ten (10) separate attunement sessions, assess and correct Situationals (may use Situational Resilience vial) until "Zero Situationals" is achieved.

Part 4 - Utilization of Techniques

Complete the [Comprehensive Emotional Exam](#) and assess [TBM Benchmarks](#) on at least five (5) clients.

Part 5 - Complete study material

Read the following documents from [TBM Manuals: 40th Anniversary Compilation \("The Big Book"\)](#):

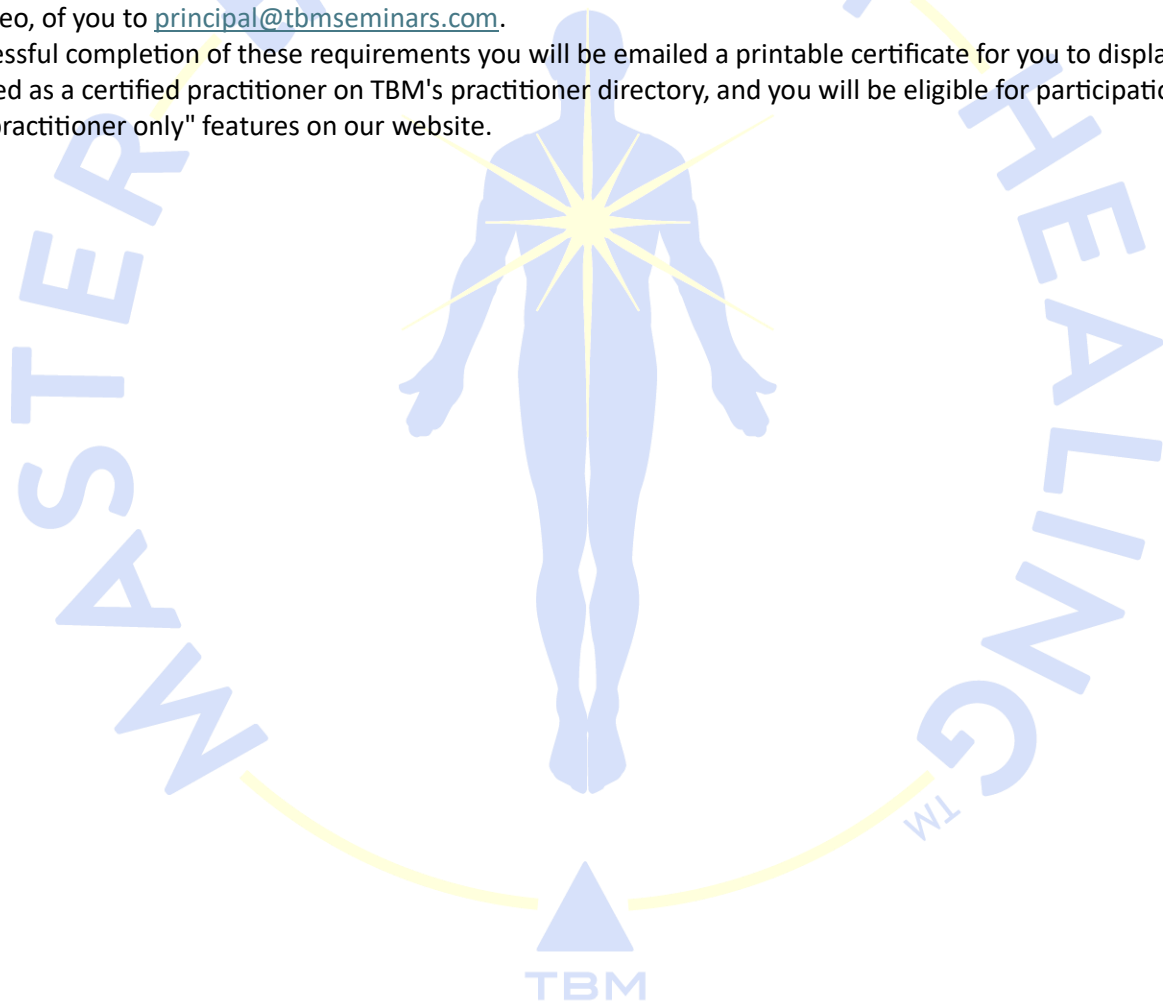
1. CHAPTER V from *Human Personality* by Frederic William Henry Myers.
conducted by the provider themselves, or from the patient's previous history.
2. THE ENERGETIC VERSUS THE PHYSICAL REALM
3. RESPONDING FROM OUR CORE
4. BK SHREDDER
5. IF YOU SEE YOUR CORE FALSEHOOD IN ANYONE YOU ARE STILL IN ITS GRIP
6. THE POWER OF LANGUAGE
7. DIVIDE AND CONQUER!
8. 5 STEPS TO RESOLVE A PERCEIVED OFFENSE
9. CHOICE DIALOGUE
10. LOVE COLOR / SELF I-DENTITY
11. MONEY PROBLEMS DON'T EXIST (EXCEPT IN OUR MIND)
12. USING OUR VOICE

13. CO-COUNSELING
14. HOW TO CLEAN UP A MESS
15. HOW TO NEVER MAKE A MISTAKE AGAIN
16. PEACE WITH ALL OUTCOMES
17. LISTENING TO THE BODY
18. EMBRACE YOUR INNER CHILD
19. NON-CONFRONTATIONAL CONFLICT RESOLUTION
20. PHASES OF HEALING AND TBM BENCHMARKS

Part 6 - Submit your documentation

1. Produce a video of you performing the Core Antidote on a client. Video must be 30 minutes or less. You may edit down to 30 minutes if session took longer. If so, be sure to retain key steps that demonstrate proficiency. Ensure audio can be clearly heard for both you and the client.
2. Purchase [Core Antidote \(Core Emotion & Life Coaching\) Practitioner Certification \(Module 5\)](#) on [livetbm.com](#).
3. Email a copy of the records demonstrating completion of requirements, including a link to above-described video, of you to principal@tbmseminars.com.

Upon successful completion of these requirements you will be emailed a printable certificate for you to display. You will also be listed as a certified practitioner on TBM's practitioner directory, and you will be eligible for participation in "certified-practitioner only" features on our website.



ARTIFICIAL SOMNAMBULISM (AS)

ORIGIN & EVOLUTION OF SUBTLE-INFLUENCE MEDICINE REQUIREMENTS



To qualify for "AS" certification complete the following six (6) steps:

Part 1 - Learn the material

Attend two (2) live SI (Module M) seminars. Online equivalents may be substituted ([SI, Profound Origins of TBM - Intensive](#). OR - [Profound Origins of TBM \(Researcher\) Certification Program](#)).

Part 2 - Deliver TBM care

1. Perform Artificial Somnambulism on at least ten (10) patients.
2. Perform five (5) other techniques from the Module M material (e.g. Dianetic Reverie, Magnetic Healing, Magnetic Anesthesia, Neurypnosis).

Part 3 - Complete study material

Read CHAPTER V from *Human Personality* by Frederic William Henry Myers from [TBM Manuals: 40th Anniversary Compilation \("The Big Book"\)](#)

Part 4 - Complete tests

1. Answer the fifteen (15) fill-in-the-blank questions included in the PRACTITIONER CERTIFICATION FOR ARTIFICIAL SOMNAMBULISM section in the [Master the Art of Healing \(MtAoH\) Certification Packet](#).
2. Write five (5) mini-essays (500 words or less, larger submissions may be returned unread for revision) on topics listed in the PRACTITIONER CERTIFICATION FOR ARTIFICIAL SOMNAMBULISM section in the [Master the Art of Healing \(MtAoH\) Certification Packet](#).

Part 5 - Submit you documentation

1. Purchase [Origin & Evolution of Subtle-Influence Medicine Practitioner Certification \(Module M\)](#) -OR- [Profound Origins of TBM \(Researcher\) Certification Program](#) on [livetbm.com](#).
2. Email a copy of the records demonstrating completion of requirements to principal@tbmseminars.com.

Upon successful completion of these requirements, you will receive the certification below as an emailed document which you may print and display. You will also be listed as a certified practitioner on TBM's practitioner directory, and you will be eligible for participation in "certified-practitioner only" features on our website.

Fill in the Blanks on the following 15 questions:

1. To Mesmer, then, we owe the first conception of the therapeutic power of a sudden and profound _____ change. To Mesmer, still more markedly, we owe the doctrine of a _____ influence or effluence passing from man to man, a doctrine which, though it must assume a less exclusive importance than he assigned to it, cannot, in my view, be altogether ignored or denied.
2. As Mr. Myers has pointed out, the operator directs the _____ upon which hypnotic phenomena depend, but does not create it. " Professor Bernheim's command, ' Feel pain no more,' is no more a scientific instruction HOW not to feel pain, than the prophet's ' Wash in Jordan and be clean' was a pharmacopœal prescription for leprosy." In hypnosis the _____ is not the means used to excite the phenomena, but the peculiar state which enables them to be evoked.
3. Hypnotic success or failure cannot depend, as some have fancied, on some _____ difference in the kind of suggestion given. It is part and parcel of a wider mystery; of the obscure relationships and _____ of the _____ and the _____ self.
4. As a general rule (though with numerous exceptions), the events of ordinary life are remembered in the trance, while the trance events are forgotten on waking, but tend to recur to the memory on _____.
5. And here we are reaching a central point; we are affecting the *macula lutea* (as it has been well called) of the mental field. Many of the most important of hypnotic results will be best described as modifications of _____.
6. In making suggestions, moreover, the hypnotiser finds that he has to consider and meet the patient's own _____ feelings, describing the intended relief as the patient wishes it to be described, and not attempting technical language which the patient could not follow. In a word, it is plain that in this class, as in other classes of suggestion, we are addressing ourselves to a _____, an _____, which can of itself select and combine, and not merely to a _____ or a _____ responsive in a merely automatic way.
7. I start from the thesis that the _____ within us precedes and is independent of the _____, which it has developed for earthly use.
8. Myers suggests that the role of the hypnotizer will ever increase as the subject's role decreases ... True or False.
9. However remote from the so-called "flesh," all _____ faults alike may probably have some counterpart in the organism; and, if so, all should be modifiable by the same _____ attack.
10. ... hypnotism should be regarded as simply a _____ of artifices by which a man's own _____ power,—the will which he exerts over his own organism,—should become continually more potent for both his moral and his physical good.
11. The subliminal self, exercising in sleep a profounder _____ over the organism than the supraliminal can exert, may also be presumed to possess a profounder _____ of the organism,—of its present, and therefore of its future,—than the supraliminal self enjoys ...
12. To assume that all which they feel is a mere result of suggestion may be a premature attempt at simplifying modes of _____ which, in fact, are probably not simpler but more complex than any idea which we have as yet formed of them.
13. The schemes of self-suggestion which have actually been found effective have covered, not unnaturally, a range as wide as all the superstition and all the religion of men. That is to say, that each form of _____ in turn has been utilised as a means of securing that urgently-needed temporal blessing--relief from physical pain.
14. For what we have in effect been doing with the aid of these hypnotic artifices is simply to _____.
15. "There will be effective therapeutical or ethical self-suggestion whenever by any artifice subliminal attention to a bodily function or to a moral purpose is carried to some unknown pitch of intensity which draws energy from the _____ world."

Choose 5 of the following questions and answer each in 500 words or less (larger submissions may be returned unread for revision).

1. Section 514. Describe in your own words what is meant by hypnogenous zones and relate that to TBM Body Points.
2. Section 518. "It seems probable that ... all phenomena capable of being produced by the suggestion of the hypnotizer can also be produced by the self-suggestion in a self-suggestive subject." Compare practitioner muscle testing results to "Listening to the Body" in terms of suggestion and self-suggestion.
3. Section 524 describes some of the characteristics of the somnambulistic state (or hypnotic trance). Using your experiences of either being in a somnambulistic state, or taking another there, relate your experience to the description (be sure to identify the information if using the experience of another).
4. Section 549 describes a "tug of war" between the telesthetic and hyperaesthetic perceptions. Provide a realworld example of this conflict.
5. What, according to Myers are the 3 main types of dynamogenic effects of suggestion discussed in sections 537550? Discuss briefly each of the effects.
6. Use Myers' descriptions of post-hypnotic suggestions (in part described in Section 551) to propose a hypothesis on how the TBM Biocomputer visualization effects a change.

ART OF ADJUSTING (AA)



ART OF ADJUSTING ARTICULATIONS CERTIFICATION REQUIREMENTS

To qualify for "AA" certification complete the following three (3) steps:

Part 1 - Learn the material

Attend two (2) live AA (Art of Adjusting) seminar. Online equivalents may be substituted ([AA0](#), [Foundations - Intensive](#) - OR - [the complete Foundations certification bundle](#)).

Part 2 - Deliver TBM care

Make a video, maximum 30 minutes. Include the following:

1. The setup of every adjustment taught in Module A (AA0), in the order listed below. You may reference this form for the order, but the setup must be completed by memory. Adjustments and corrections may be performed if needed and count towards the 15 required in step 2.
 1. Category IV-XV
 2. Condyle Lift
 3. Basic Plane
 4. Condyle Life
 5. Level One
 6. Basic Bio-Energetic Synchronization
 7. Buccinator Technique
 8. Jaw Lateralization
 9. Posterior Occiput
 10. Anterior Atlas

11. Intervertebral Disc Lesion
12. Shoulder Torque
13. Bicipital Tendon Subluxation
14. Rib Torque
15. Anterior Thoracics
16. Diaphragmatic Reset
17. Sacral Spin
18. Side Posture Ilium
19. Anterior Femur Head
20. Cardiac Low Back
21. Superior Patella
22. Lateral Tibia Head
23. Posterior Fibula
24. Dancer's Foot
25. Inhalation Allergy

26. Cervical Pattern
27. Pelvic Pattern
28. Posterior Fibula Pattern
29. Superman Shoulders
30. Sacral Base Posterior
31. Chronic Nagging Low Back Pain
32. Sciatica
33. Lumbar from the Rear
34. Facetal Syndrome
35. Spinal Torque
36. Superior Ribs
37. Subclinical Shoulder Separation
38. Inferior Occiput
39. Thoracic Lift
40. Inferior Humeral Head

2. Then complete adjustments for 15 adjustments on the list above. Include the Condyle Lift as one of the 15 adjustments. List the 15 adjustments in the order performed on the video. Again, referencing this form for the adjustments you have chosen is acceptable, but the adjustments must be performed by memory.
3. A cell phone video is sufficient and it may be taken from a tripod as long as the video view is such that both tests and corrections are reasonably visible to the camera.
4. While not required, it is highly recommended that the provider describe what they are doing as they do it (i.e. "I'm wrapping my fingers under the chin, my forearm under the occiput, and my bicep and pectoralis further stabilize the patient's head. Then the base of my palm contacts the condyle of the occiput and I provide a straight superior thrust using a body movement that is initiated with my back foot."). This will increase the likelihood that certification will be awarded as there is both the visual and audio that may be evaluated. NOTE: A helpful reference is the form used to track the [Comprehensive Structural Exam](#).

Part 3 - Submit your documentation

1. Purchase [Art of Adjusting Articulations Practitioner Certification \(Module A\)](#) on [livetbm.com](#).
2. Email a copy of the records demonstrating completion of requirements, including a link to above-described video, of you to principal@tbmseminars.com.

Upon successful completion of these requirements you will be emailed a printable certificate for you to display. You will also be listed as a certified practitioner on TBM's practitioner directory, and you will be eligible for participation in "certified-practitioner only" features on our website.



APPENDIX

EXAMPLE OF A CASE REVIEW FOR PATHOLOGIES PRACTITIONER CERTIFICATION

52-year-old male presents with a dental abscess at tooth 1. Patient experiences pain and temperature sensitivity in that tooth locally as well pain radiating into the sinuses and bones of the face on the right side. Patient also experiences a misalignment of the bite due to swelling and resulting TMJ subluxation.

X-rays from the dentist show infection infiltrating the area around the root of the tooth. A drain is visible in the gums above tooth 1 and the patient reports that it expresses pus with pressure. Examination of the TMJ indicates a lateralization to the left. Other structural indications include an Inferior Occiput on the right and a Temporal Bulge on the left. No blood work was obtained.

When immune barriers were examined and considered, it was discovered that the patient had a positive Cellular Immunity test, was deficient in Iodine, and had recently been going through a stressful period of life for which he had inadequate emotional resilience. All three of these Basics were addressed during care.

The integrity of the tooth was assessed using the question, "Is the integrity of this tooth at 100%?" If no, the percentage was obtained. Over several visits the following corrections were completed until the integrity of the tooth tested at 100%.

- 2-pointing the tooth to the Bacteria points
- Running Dead on the tooth
- Harmonizing to the Neuralgia-inducing Cavitational Osteonecrosis (NICO) in water and Neuralgia-inducing Cavitational Osteonecrosis (NICO) in formaldehyde.
- Need & Use for Immuguard (Professional Botanicals)
- Need & Use for Attack (Professional Botanicals), dosage began at 12/day and was decreased as symptoms decreased and Need & Use testing indicated.

The patient saw minor reductions in the swelling, pain, and expression of pus over the first month of care. After 1 month, a significant reduction was experienced, and then steady improvement was seen for the following six months. After 8 months of care, a repeat x-ray was performed by the patient's dentist and no evidence of an abscess was visible.

EXAMPLE OF A CASE REVIEW FOR BACKWARD THINKING PRACTITIONER CERTIFICATION

51-year-old male presents with severe ivy rash on the left forearm, left upper arm, left torso over the lower ribs, and a macular rash spreading to the back and legs. The patient reports that the lesions are itchy. The patient experienced an exposure to poison ivy 1-month previously. Patient history includes severe reactions to Poison Ivy in his teens and then after harmonization to Poison Ivy no reactions for decades despite numerous exposures. Although the patient has received TBM care including harmonization to the Poison Ivy vial in the past month, the condition has continued to worsen.

Examination of the rash reveals a 4cm by 6cm erosive lesion on the left forearm. A putrid smell emanates from the lesion. An area approximately 2cm around the lesion is reddened. The other lesions are maculopapular, erythematous, and in places show excoriations. Small 1cm macular lesions are appearing diffusely over the patient's body.

The backward thinking process included a significant web search on the mechanism of a poison ivy reaction. The component of the poison ivy plant that causes the reaction is an oil called urushiol. When urushiol comes in contact with human skin it causes a t-cell mediated, delayed hypersensitivity reaction.

The urushiol binds to proteins on the surface of skin cells and interferes with the t-cell ability to identify the cells as self, leading to t-cell destruction of the skin tissue.

Based on the severe reaction as well as the failure of the harmonization process to halt the hypersensitivity reaction, Backward Thinking leads to a hypothesis of T-Cell (Cellular Immunity) dysfunction.

The patient experienced a significant health stressor 1 year prior to the poison ivy exposure and it is suspected that stress led to the Cellular Immunity dysfunction which in turn disrupted the correction to poison ivy that had been performed decades before.

In the period shortly before the poison ivy exposure, the patient had become lax with his diet, consuming excess sugar, caffeine and alcohol. These factors were addressed as part of care. All elements of the Basic Immunological Exam and Auto-Immune Switch were tested (see the following paragraph for positive findings).

After the Backward Thinking process, resolution was achieved in a single visit. Auto-Immune Switch and Cellular Immunity were corrected. Immediately upon completion of these corrections the lesion on the left forearm changed in appearance. Rather than looking angry and red, it looked pink and gave the appearance of being in a healing state. No nutritional supplementation was given for this symptom at this time. Within 2 days, new skin covered that area and all other lesions on the body were either significantly or completely healed.

References:

- *Poison Ivy: An Exaggerated Immune Response to Nothing Much*, <https://www.bio.umass.edu/micro/immunology/poisoniv.htm>.

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