



Name \_\_\_\_\_



# BASIC PHYSIOLOGICAL EXAM AND AUTONOMIC RECOVERY PROGRAM (BA)

## PRACTITIONER CERTIFICATION FOR BASIC PHYSIOLOGICAL EXAM AND AUTONOMIC RECOVERY PROGRAM REQUIREMENTS

To qualify for "BA" certification complete the following five (5) steps:

### Part 1 - Learn the material

Attend two (2) live PA1 and PA2 (Module 1 part A & B) seminars. Online equivalents may be substituted ([PA1](#), [PA2](#), & [Foundations - Intensive](#) - OR - [the complete Foundations certification bundle](#)).

All BA-related Online Training Courses	All BA-related Events

### Part 2 - Receive TBM care

Achieve "double-negative" status for the [Basic Physiological Exam \(BPE\)](#) and pass the "Challenge Meal" with that assistance of a certified TBM practitioner. This may be conducted remotely. Contact us for a referral if needed.

Date "Double-Negative BPE" Acheived	Date Challenge Meal "Passed"

### Part 3 - Deliver TBM care

Achieve "double-negative" status of the [Basic Physiologic Exam \(BPE\)](#) and a passing of the "Challenge Meal" on 10 clients.

Client Name/ID	(-)(-) BPE Date	Pass Challenge Meal Date	Signature/Initials of Client

#### Part 4 - Demonstrate proficiency

Make a video of yourself performing the Basic Physiological Exam on a client.

- Perform EVERY test and the relevant corrections by memory
- Only do the corrections that the client requires
- The patient may be a return client, it does not need to be a first time client
- Must be completed in 30 minutes or less
- A cell phone video is sufficient, and it may be taken from a tripod as long as the setup is such that both tests and corrections are reasonably visible to the camera.
- OPTIONAL: state aloud while being recorded what you are doing while you are doing it (i.e. "The next point is the Gall Bladder which is on the right side in the 6th rib interspace along the mid-clavicular line"). This will increase the likelihood that certification will be awarded as there is both the visual and audio that may be evaluated. Do not let this create an undue burden or cause an excessive lengthening of the time it takes to complete the BPE.

#### Part 5 - Submit your documentation

Purchase [Practitioner Certification for Basic Physiological Exam and Autonomic Recovery \(Module 1\)](#), this is included in [the complete Foundations certification bundle](#), on [livetbm.com](http://livetbm.com). Then email a copy of the records demonstrating completion of requirements and a link to your video to [principal@tbmseminars.com](mailto:principal@tbmseminars.com).

Upon successful completion of these requirements, you will receive the certification below as an emailed document which you may print and display. You will also be listed as a certified practitioner on TBM's practitioner directory, and you will be eligible for participation in "certified practitioner only" features on our website.

Email the following items to [principal@tbmseminars.com](mailto:principal@tbmseminars.com):  BPE (personal copy)  BPEs (10 clients)  BPE video link  
 Facsimile of this document (once signed)

I certify that all above items have been completed as described.

Signature \_\_\_\_\_

Date \_\_\_\_\_

TBM