

Flying Protection

Take two (2) **Flying Protection vials**, place them on the body, in a pocket is fine, within five (5) minutes of boarding plane. Immediately place all five (5) fingertips together and tap the mid forehead once, tap the top of your head with the back of your hand once, tap the forehead again with all five (5) fingers, tap the chest with your arms in an "X" configuration while your fingers are extended and your thumbs pointing away from you, one time, then finish by grabbing the right wrist with the left hand and, while holding your hands together, make a light thrust (downward) over the pubic area. Within five (5) minutes of leaving the plane, repeat above sequence then remove the vials from your body. Repeat this with every boarding and debarking of an airplane.

Flying Protection

Take two (2) **Flying Protection vials**, place them on the body, in a pocket is fine, within five (5) minutes of boarding plane. Immediately place all five (5) fingertips together and tap the mid forehead once, tap the top of your head with the back of your hand once, tap the forehead again with all five (5) fingers, tap the chest with your arms in an "X" configuration while your fingers are extended and your thumbs pointing away from you, one time, then finish by grabbing the right wrist with the left hand and, while holding your hands together, make a light thrust (downward) over the pubic area. Within five (5) minutes of leaving the plane, repeat above sequence then remove the vials from your body. Repeat this with every boarding and debarking of an airplane.

Flying Protection

Take two (2) **Flying Protection vials**, place them on the body, in a pocket is fine, within five (5) minutes of boarding plane. Immediately place all five (5) fingertips together and tap the mid forehead once, tap the top of your head with the back of your hand once, tap the forehead again with all five (5) fingers, tap the chest with your arms in an "X" configuration while your fingers are extended and your thumbs pointing away from you, one time, then finish by grabbing the right wrist with the left hand and, while holding your hands together, make a light thrust (downward) over the pubic area. Within five (5) minutes of leaving the plane, repeat above sequence then remove the vials from your body. Repeat this with every boarding and debarking of an airplane.

Flying Protection

Take two (2) **Flying Protection vials**, place them on the body, in a pocket is fine, within five (5) minutes of boarding plane. Immediately place all five (5) fingertips together and tap the mid forehead once, tap the top of your head with the back of your hand once, tap the forehead again with all five (5) fingers, tap the chest with your arms in an "X" configuration while your fingers are extended and your thumbs pointing away from you, one time, then finish by grabbing the right wrist with the left hand and, while holding your hands together, make a light thrust (downward) over the pubic area. Within five (5) minutes of leaving the plane, repeat above sequence then remove the vials from your body. Repeat this with every boarding and debarking of an airplane.

Flying Protection

Take two (2) **Flying Protection vials**, place them on the body, in a pocket is fine, within five (5) minutes of boarding plane. Immediately place all five (5) fingertips together and tap the mid forehead once, tap the top of your head with the back of your hand once, tap the forehead again with all five (5) fingers, tap the chest with your arms in an "X" configuration while your fingers are extended and your thumbs pointing away from you, one time, then finish by grabbing the right wrist with the left hand and, while holding your hands together, make a light thrust (downward) over the pubic area. Within five (5) minutes of leaving the plane, repeat above sequence then remove the vials from your body. Repeat this with every boarding and debarking of an airplane.